

DO YOUR PATIENTS WITH HYPERTENSION MEASURE THEIR BLOOD PRESSURE AT HOME?

SIGN UP FOR THE JUST CHECK IT REGISTRY TODAY

Free resource for information on home blood pressure (BP) management

Secure HIPAA compliant system for you to receive patients' average home BP readings in a free, easy-to-use report

Manage BP between office visits, using average home BP reports to adjust medication and discuss lifestyle changes



FOR YOU & YOUR PATIENTS

“Average home blood pressure is like the hemoglobin A1C of hypertension management.

Since participating in this program, I can't imagine using a single office BP to determine HTN management.”

Tillman Farley, MD
Salud Family Health Centers

HOME BLOOD PRESSURE MANAGEMENT PROGRAM & REPORTING SYSTEM

WWW.JUSTCHECKIT.ORG

HOME BLOOD PRESSURE MANAGEMENT IS RECOMMENDED FOR PATIENTS WITH HYPERTENSION

IMPORTANCE

HBPM improves BP control.

According to the American Heart Association, HBPM should be a routine component of care for the majority of patients with known or suspected HTN.

Average home BP is a better predictor of target organ damage and risk of CVD than office BP.

HBPM program can help your practice meet Patient Centered Medical Home criteria for active self management support.

HBPM has been shown to **increase adherence with anti-hypertensive medications and with lifestyle changes.**

HOW IT WORKS

PATIENTS SHARE

THEIR BLOOD PRESSURE REPORTS
USING THE ONLINE REGISTRY



WEEKLY REPORT

OF YOUR PATIENTS' REPORTED
AVERAGE HOME BLOOD PRESSURE



HELP YOUR PATIENTS

CONTROL BLOOD PRESSURE BETWEEN
OFFICE VISITS

HOW TO ENROLL

VISIT JUSTCHECKIT.ORG

Visit our website to create a Health
Care Provider Account

Email: info@justcheckit.org

Encourage your patients to sign up
for the Just Check It Registry!

